

# MAXIMIZE YOUR SPORT, EVERY DAY



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Orthopedic  
Sports Medicine

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Orthopedic  
Sports Medicine

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Orthopedic  
Sports Medicine

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Sports  
Medicine

Marc Shulman, MD  
Sports  
Medicine

## Athletes of All Levels and Ages Youth • High School • Collegiate • Recreational

- Sports injury evaluation and treatment
- Sports rehabilitation
- Concussion management
- Sprain and fracture management
- Certified athletic training services
- Bracing/splinting
- Physical Therapy and Aquatic Therapy
- Platelet-Rich Plasma (PRP) treatment
- Stem Cell Biologics
- Ultrasound guided injections
- Sports performance and enhancement program
- Customized fitness assessment and exercise plan
- Arthroscopy of the shoulder, elbow, hip, knee and ankle



Orthopedic Surgery  
Sports Medicine  
**515-239-4475**



Sports Medicine  
Primary Care  
**515-239-3410**



**Sports Medicine**  
**McFarland Clinic**  
*Official Team Physicians*

[McFarlandSportsMedicine.com](http://McFarlandSportsMedicine.com)